

ADAPTIVE AQUATICS

Adapted recreational swimming lessons are available for youth and teens with disabilities at the Moorhead Municipal Pool. Participants will enjoy water play, games, instruction in swimming skills, and other water activities.

Those requiring one-on-one assistance will need to have a Personal Care Attendant in the water with them. This program provides a 4 to 1 participant-staff ratio.

Code	Dates	Days	Time	Age	Location	Fee
ADAQ1	July 10-20	Monday-Thursday	4:40-5:25 pm	7+	Municipal Pool	\$37.00
ADAQ2	August 7-17		10:00-10:45 am			

Registration Deadline: June 30 and July 28 • Min 4/Max 12

ADAPTIVE SOCCER

This program is for area youth and adults with special needs. We offer a recreational soccer program that focuses on learning fundamental skills of the game in a fun atmosphere. Rules and drills are adapted to make sure every individual has an opportunity to be successful, no matter what their ability may be. Stay active and meet new friends this summer! Each participant will receive a jersey that they get to keep at the end of the season.



Code	Dates	Days	Time	Age	Location	Fee
SAD01	June 7-July 26	Wednesdays	6:30-8:00 pm	5+	Southside Regional Park	\$25.00

Volunteer Coaches are needed!

Please contact Jordan Clementson at 218.299.5078 if you are interested in helping out.

ADAPTIVE SUMMER DAY CAMP

This program provides a unique experience for those with varying skill levels to participate in recreation and socialization. A wide variety of fun activities include swimming, bocce, bowling, golf, organized games, special events, and arts and crafts. **This camp will provide a 5 to 1 participant-staff ratio. Personal Care Attendants are encouraged to participate with any youth needing one-on-one attention.**

Transportation: Any participant attending summer school has the opportunity to be dropped off by the school bus at the program location. Please indicate that you would like this service when you enroll for camp.

Code	Dates	Days	Time	Age	Location	Fee
ADSC	June 6-July 27	Tuesday Wednesday Thursday	12:00-4:00 pm	10+	Ellen Hopkins Elementary	\$45.00

Registration Deadline: May 19 • Min 10/Max 25 • No program July 4